

ACUTE SURGICAL



- Newly renovated 14-bed unit, dedicated to the care of the post-surgical patient
- Friendly and compassionate nurses
- Excellent opportunities to learn new skill sets
- Surgical volumes continue to grow with the addition of a multi-million dollar surgical suite
- Common surgical patients
 - Urology
 - Vascular
 - Gastrointestinal/Colorectal
- Flexible schedule
 - 12-hour shifts
 - Every third weekend

Why did you choose Acute Surgical?

"I couldn't think of a better place to put my knowledge and nursing skills to work after graduation."

— Matt, RN

"I like working with the post-surgical patient and knowing that I have the opportunity to make them feel better."

— Jessie, RN

"I like that each day is a different day."

— Tanna, RN



Shauna Campo, RN, MBA

Nurse Manager
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BIRTH CENTER



Labor and Delivery, Obstetrical IMC and Mother-Baby Unit

HSHS St. John's Hospital is proud to be designated a Level III Administrative Perinatal Center. St. John's provides the highest level of care for mothers and babies within a 37-county area in south-central Illinois.

The Birth Center welcomes more than 1,800 babies every year. The OB-IMC antenatal unit (located within the Birth Center) is staffed by maternal/fetal medicine specialists 24/7 for expectant mothers who may need extra care for issues such as pre-term labor or high blood pressure. In addition, should an emergency arise, a board-certified obstetrician is in the hospital at all times.

In May 1998, St. John's was the first hospital in the Midwest to receive the Baby Friendly designation. Baby Friendly USA awarded the certification after a rigorous on-site survey. This prestigious designation has been awarded to only 172 hospitals in the United States. St. John's Baby Friendly designation has been renewed every five years, most recently in January 2014. Currently, there are only four Baby Friendly hospitals in Illinois, including St. John's.

Kelli Irvin, BSN, RNC-OB, C-EFM
General Surgery Manager
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The process of a "gentle cesarean" begins when the baby is delivered. The mother is shown the infant prior to going to the warmer for assessment. After the mother and baby are assessed by the nurse, anesthesiologist and obstetrician, the infant is placed on the mother's chest and covered with warm blankets.



Patient comments:

"This was my second delivery, and each experience has been outstanding. We would definitely recommend St. John's to everyone."

"All of the nurses were outstanding in the care my baby and I received."

"Everyone was very friendly to my immediate and extended family."



CARDIAC CARE UNIT (CCU)



- Cardiac Care Unit is commonly called the CCU.
- The CCU has six private ICU beds with a cardiac focus; but cares for regular ICU patients, as well
- Specialty cardiac equipment used includes:
 - Impella
 - Ekos
 - IABP (balloon pump)
 - Pacemakers
 - Post-arrest hypothermia
- “Sister unit” to Cardiac Recovery Unit (CRU)
- Staff are cross-trained for both areas

What do you love about CCU?

“By providing quality critical care we make a difference in the lives of our patients and their families.”

— HSHS St. John's Hospital Colleague

Jennifer M. Michaelis, MSN, RN

Director, Acute Care Cardiovascular Services
Prairie Heart Institute at HSHS St. John's Hospital
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Lambert P. Fleck, BSN, RN

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CARDIAC RECOVERY UNIT (CRU)



- Located on the 3rd Floor of Prairie Heart Institute
- 13 recovery rooms
- CRU nurses recover a variety of cardiac surgical procedures
 - Coronary artery bypass graft (ABG)
 - Valve replacement (traditional approach)
 - TAVR
 - Carotid surgery
 - Fistulas
 - Peripheral vascular cases
- “Sister unit” to Cardiac Care Unit (CCU)
- Staff are cross-trained for both areas
- Specialty equipment used
 - Impella
 - CRRT
 - Balloon pump
 - Pacemakers
 - Ekos

What do you love about CCU?

“We are a family.”

— Amber, RN

“Everyone helps everyone.”

— Gretchen, RN

“Every day is different. We make a difference in our patients’ and families’ lives.”

— Theresa, RN

Jennifer M. Michaelis, MSN, RN

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CARDIOVASCULAR CARE UNIT (CVCU)



- CVCU occupies two floors of the hospital
- All private rooms
- 58 beds with on-site telemetry
- Charge nurse is a member of the rapid response team
- Wide variety of patients
 - Surgical
 - Pre- and post-open heart surgery
 - Carotid surgery
 - Peripheral vascular
 - Medical
 - Congestive heart failure
 - Chest pain
 - Irregular heart rhythms
 - Acute MI
- New procedures
 - TAVR
 - Minimally invasive valve replacement surgery
 - Mitral Clip

Jennifer M. Michaelis, MSN, RN

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Why did you choose CVCU?

"We get to see our patients throughout the cardiac continuum of care (cath lab, surgery, rehab)."

— Korie, RN

"I have the opportunity to have an educational focus, and I get to learn new things."

— Beth, RN

"Everyone works as a team."

— Brook, RN

"My mom is a cardiothoracic nurse, and I love hearing her stories. It also is a good foundation to build upon."

— Alyssa, RN

"I love taking care of cardiac patients. My co-workers are like family. We even have get-togethers outside of work."

— Billy, RN



CARDIAC CATH LAB (CCL)



- Regional leader in cardiovascular care
- Eight procedural labs with a 20-bed Pre/Post Unit
- Regional leader in structural heart procedures
- Rapidly growing electrophysiology program (EP)
 - EP/ Ablations
 - Pacemakers, ICDs, BiV implants
 - Laser Lead Extractions
- Member of the Chest Pain Network
- Chest Pain Accredited with PCI designation
- Peripheral vascular procedures
- Diverse adult patient population
- Works closely with CVCU, CCU, CRU and CVOR
- An awesome place to launch your career in cardiac care
- Flexible hours (8-, 10- and 12-hour shifts)

Why work in the Cardiac Cath Lab?

Be part of a specialty team that works in an exciting, fast-paced environment where you get to see patients benefit from the work you do.

Eileen Owen, MBA, RTR

CCL Manager
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CONNECT



- Provides service to more than 30 regional hospitals
- Triage patients from all disciplines, including NICU, pediatrics, labor and delivery, medical, cardiac, ICU and the emergency department
- Proctor tele-medicine exams enabling specialists to assess patients in the region via robot
- Access to state-of-the-art technology for patient placement and staffing
- Work as a small, cohesive team of RNs and clerks to provide solutions

What do you love about Connect?

"The Connect staff works well as a team to facilitate the transfer of patients all over the region."

— Taysa B.

"I love being able to live the mission of the Sisters with the patient community both in Springfield and the region."

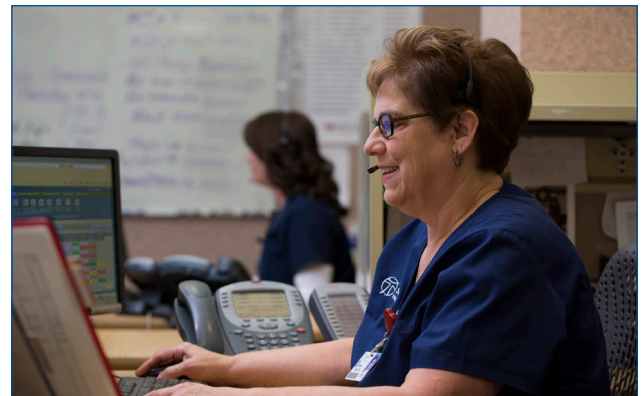
— Julie E.

"I love working behind the scenes with the RNs and doctors to make sure every patient gets the care they need."

— Michelle K.

Becky Ray, RN, BSN

Facilitator Connect/
Supplemental Nurse Resources
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EMERGENCY DEPARTMENT



Building a Career with People Who Elevate Health Care

- Nurse Residency Program
- Adult Level I Trauma Center
- Pediatric Level II Trauma Center
- TNS and TNCC courses offered, along with ongoing continuing education opportunities
- 34 beds
- 58,500 patients a year
- Work with EMS, ground and air
- Dynamic staff-lead Shared Governance Council
- Clinical site for nursing medical and EMT students



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Leigh Ann Szabados, RN

Nurse Manager
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FLOAT POOL



- Provides coverage on units due to high patient acuity and census
- Competency and education provided for specific clusters
- Float clusters:
 - Women's and Children's Center
 - Pediatrics, Labor & Delivery, NICU
 - Cardiac
 - Cardiac Recovery, Cardiac ICU, Cardiac Step Down/IMC
 - Critical Care
 - Neuro, Trauma, Cardiac ICU, Cardiac Recovery, ED
 - Medical
 - Orthopedics, Surgery, Neuro, Medical IMC, Oncology
- 30 percent differential for a cluster; 40 percent for house wide
- Every third weekend requirement
- Certifications available for each department

What do you like about Float Pool?

"Float pool offers a great variety of patients. It's rewarding to work on different departments and support the unit staff."

— Luke

"Getting to know staff members from several departments has been a wonderful experience."

— Taysha

Becky Ray, RN, BSN

Manager

Connect/ADT/Supplemental Nurse Resources
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GERIATRIC BEHAVIORAL HEALTH



- 15-bed unit specializing in providing services to geriatric patients with psychiatric disorders
- Comfortable setting tailored to meet the needs of geriatric patients
- Treat patients with a variety of diagnosis, including:
 - Depression
 - Schizophrenia
 - Bipolar disorder
 - Dementia with psychosis
- Groups are provided, including animal-assisted therapy
- Treatment Team approach

Dawn Tusing, RN

Clinical Facilitator for Behavioral Health
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What do you like about working in Behavioral Health?

"I like having a wide variety of patients. We work very closely as a team and help each other out."

— Coleen, RN

"One of my most favorite things is when a patient comes in acting out of their normal character and we can make them feel better. You get to know them and their families so when they leave it is like saying goodbye to one of your friends."

— Darcy, RN



HOSPICE



- 13 beds
- Mission driven, patient and family centered care
- Variety of terminal diagnoses requiring skilled end of life care
 - Pain management
 - Symptom Control
 - Respite Care
 - Palliative Care
 - Volunteers
 - Bereavement
- Integrated Interdisciplinary team approach to care that addresses physical, psychosocial, spiritual needs of the patient and family unit.

Kathleen Kraft MPH, BSN, RN, NHA
Clinical Director, Skilled Nursing Unit
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Why did you choose Hopsice?

"I wanted to practice holistic nursing and care for the patient and their family at the end of their life."

— Sherry

"Because I'm passionate about being at the patient's bedside — in hospice you have to be there to care for them and their family. I love it."

— Angie

"For me, it's a 'calling.' It's an honor to help people with this phase of their journey."

— Amy

Patient comments:

"My family and I feel very strongly that my grandfather received the best care available. The nurses were excellent! They kept us informed, helped us cope with the changes, made us feel comfortable with the transition. The staff and care was phenomenal."

— RC

"The care my wife received was exceptional, as was the care family members received. Considering the situation, we could not have asked for better people to help us through this process. In particular, the night she passed, our nurse was there each step of the way, preparing us. All those involved with us are first class."

— DP



INTENSIVE CARE UNIT (ICU)



- 32-bed ICU
 - Combined medical, surgical, trauma and neurology
 - Wide variety of patients and clinical experiences
- Department manager, facilitator and educator have worked in ICU before moving into their current roles
- Charge nurse is a member of the rapid response and code team
- Multi-disciplinary team of trained professionals dedicated to a positive St. John's experience
 - Physicians
 - Registered Nurses
 - Pharmacists
 - Case Managers
 - Nurse Techs
 - Unit Clerks
 - Dietitians
- 2:1 patient to nurse ratio
- Shared Governance meets monthly

Dan Walters, RN

ICU Manager
(217) 814-4480

Nathan Knisley, RN

ICU Clinical Facilitator
(217) 814-4462

Why did you choose ICU?

"I enjoy having high-acuity patients like post cardiac arrest hypothermia."

— Julie, RN

"I love working in critical care, having complex patients, a challenging environment and being primary care."

— Britanie, RN

"I have been working in ICU for 45 years! I love my coworkers."

— Juanita, NT

"I value having time to educate families on the care of their loved one. There is great joy in seeing seriously ill patients recover."

— Eric, RN



MEDICAL ACUTE



- 6th and 7th floors
- 64 beds – General/IMC patients
- Team nursing with 6:1 patient-to-RN ratio
- Self scheduling/every third weekend
- Rotating holiday schedule
- Active unit Shared Governance
- Team focused
- Wide variety of patients
 - Complex medical patients received from the ICU, ED and outlying hospitals
 - Trauma, ventilator-supported patients
 - Cardiac and Neuro overflow patients
- Great Unit to build your nursing skills foundation that will compliment your knowledge base the rest of your career.

Julie Bridal, RN, BS
Nurse Manager
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Why did you choose Medical Acute?

"We get to see patients with complex medical needs who are treated by numerous specialists."

— Jane, RN

"A great place to start your nursing career by caring for a wide variety of patients."

— Rachael, RN

"I enjoy the challenges of caring for Intermediate Care patients."

— Barbie, RN

"I love working on the Medical IMC floors. We have great camaraderie and teamwork. I enjoy the social times we spend together as a group."

— Emily, RN



MISSION INTEGRATION



Mission Statement:

To reveal and embody Christ's Healing Love for all People through our high quality Franciscan Health Care Ministry

Core Values: Respect, Care Competence and Joy

Activities:

Larry Matthews Mission Outreach Program
RISEN
Meals for the homeless
Nativity Festival volunteers
Mission Outreach
Francis Fund
Clare's Cupboard
Feast Day celebrations
Pope Francis House Build with Habitat for Humanity
Operation Hydration
United Way baskets
School supply collections
Workplace blessings
Mission In Motion

For more information, contact:

Diane Pugh, Director
Mission Integration

Visitor comment:

"My best friend was in the Women & Children's Center for two weeks with a complicated pregnancy. On Monday, June 15, 2015, things took a turn for the worse. She had to be induced and gave birth to a 2 lb, 11.4 oz baby who was two and a half months early. The baby had a lot of health issues and did not make it. The nurses on the floor are absolutely amazing and gifts from God. Those nurses made a big impact on my friend and her family. After the baby passed, they gave us a book for the baby's older brother. They wrote him a note on the inside of the book that I'm sure he will cherish forever. They put a very beautiful dress on her, took pictures and gave my friend the CD. They made bracelets with her initials, gave her rings and a memory box. Those small gestures are the things that are going to help her get through this. You have a great staff in that area."



NEONATAL INTENSIVE CARE UNIT (NICU)



- Region's only Level III Neonatal Intensive Care Unit
- 40-bed unit
- Highly specialized staff for:
 - Premature infants
 - Infants with congenital anomalies
 - Infants requiring surgical intervention
 - Infants requiring respiratory support, including high support
 - Frequency Oscillating ventilators and nitric oxide
 - Infants requiring therapeutic hypothermia
- 1:2.5 average nurse-to-patient ratio
- Free-floating Charge Nurse
- NICU Transport Team
- Shared Governance
- Multidisciplinary Quality Improvement Teams
- Neonatologist & Neonatal Nurse Practitioner
 - In-house 24/7



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HSHS
St. John's
Hospital

NEUROSCIENCE UNIT



- Recognized by the Joint Commission as an Advanced Primary Stroke Center
 - Around-the-clock neurologist
 - Neurology-based stroke center coordinator and educator available
- Newly renovated 18-bed telemetry unit
- Flexible schedule
 - 12-hour shifts
 - Every third weekend
- Diverse patient population
 - Medical
 - Strokes
 - Seizures
 - Interventional
 - Deep Brain Stimulation (Parkinson's patients)
 - Aneurysm clipping
 - Coil embolization to stop a stroke before it starts

Shauna Campo, RN, MBA

Nurse Manager
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What do you love about Neuro?

"I love that every day is different."

— Corey, NT

"I love working with my neuro colleagues. Everyone is so smart and dedicated."

— Sara, SLP

"I love the opportunity to care for neurologically complex patients."

— Cindy W, RN

Team Spirit



ONCOLOGY



“Touching so many lives in so many ways.”

- 2015 slogan for the Oncology Nursing Society

- Nursing unit devoted to the general and intermediate level oncology patient population throughout all stages of cancer care, from diagnosis, treatment, complications and end-of-life needs
- Certified by the Commission on Cancer
- Integral component to growing the HSHS Cancer Institute
- 14-bed telemetry unit
- Diverse oncological patient population
 - Medical oncology
 - Hematology oncology
 - Surgical oncology
 - Radiation oncology
- Flexible Schedule
 - 12-hour shifts
 - Every third weekend

Shauna Campo, RN, MBA

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Why did you choose Oncology?

“Being an oncology nurse has been the most rewarding experience of my life. I feel that not only have I made a difference in the lives of my patients, my patients have made a huge difference in my life, as well. Cancer patients are on a journey through diagnosis, treatment and living with a potentially terminal illness. Having the opportunity to travel that journey with them has been a privilege.”

— Nancy, RN, Unit Educator

Our patients become our friends ...



**HSHS
St. John's
Hospital**

PEDIATRICS



St. John's Children's Hospital (SJCH) is the only comprehensive child health care facility in south-central Illinois. SJCH provides care for the region's children, from infancy through age 18.

SJCH includes a 21-bed general unit, an nine-bed intermediate care unit, an eight-bed Intensive Care Unit, a day hospital, hematology and oncology services as well as outpatient and sedation services.

Pediatrics offers ground and air transport services, an expert team of highly skilled and specially trained intensivists, hospitalists, RNs and respiratory therapists.

To help decrease the stress of hospitalization, SJCH utilizes the services of Child Life Specialists. Through play and distraction, Child Life Specialists work with the kids and staff to make the stay positive.

The State of Illinois has awarded the designation of Pediatric Critical Care Center to the pediatric unit at SJCH.

Children benefit from our interactive patient care system, GetWellNetwork. Education, pain management and entertainment are all important components of this system.

Stephanie Lake

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Tami Hardwick

Clinical Facilitator
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What do you love about Pediatrics?

"Pediatrics is a great and fun place to work. I enjoy being able to care for patients with a vast array of conditions and illnesses. There are so many opportunities for professional growth as well, and the learning experience never ceases. The staff feel like family, and what better place to work when you're a kid at heart."

— HSHS St. John's Hospital Colleague



SURGERY



- Multiple shifts from which to choose
- One-on-one patient care
- Six-month orientation period
- Autonomy
- 16 operating rooms

What do you love about Surgery?

"I've been in surgery for 11 years. It's like a family. I couldn't imagine working anywhere else."

— Amber

"Where else can you work that you don't have to do your hair in the morning?"

— Darlene

"It's nice to have the support from the anesthesiologists and CRNAs in emergency situations."

— Katey

Amber Eller

General Surgery Manager
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Charish Gibson

Director of Perioperative Services
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TRANSITIONAL CARE



- 24 beds
- Short-stay patients, 5 - 21 days
- Rehabilitation focused
- Wide variety of medical and surgical patients
 - Orthopedic surgery
 - Cardiac surgery
 - Plastic surgery
 - Rehabilitative program
 - Stroke and Cardiac recovery
 - Long-term antibiotic therapy
- Multidisciplinary team approach to care and discharge planning
- Activity Facilitator for rehabilitative and recreational therapy

Kathleen Kraft, MPH, BSN, RN, NHA

Director, Skilled Nursing Care
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Why did you choose TCU?

"It's an unexplainable feeling to be part of a patient's rehabilitation and see them improve!"

— Hazel

"It's a unique opportunity to care for patients for more than a couple of days and see them get stronger and more independent each day."

— Melissa

"I love the variety and working with the elderly. I have learned so much from them. Each day is a new and wonderful challenge."

— Cyndy

Visitor comments:

"Excellent service and care in all areas! If you could see me now, you would be 100 percent happy and proud being a nurse!"

"Excellent care. Goals exceeded! Thank you."

"I've been in and out of TCU since 2008! Each and every time the nurses treat me like family and take excellent care of me. I've been able to go home each time, due to the great care by the nurses and therapists."

